



Chilton Foliat Primary School Newsletter

June 10th 2020

www.chiltonfoliatprimary.org.uk
01488 682630

'With thankfulness, courage and love, we strive to improve heart and mind'

Jesus said, "Everyone who drinks of this water will be thirsty again, but whoever drinks the water I give him will never thirst". John 4:13

Dear Parents and carers

Further to my letter of news sent out last week, here is a longer school newsletter, with lots of information, links and resources to help continue to support our children and ourselves whilst we are apart. Forgive me if I keep repeating myself, however, the whole school team genuinely appreciate all that you are doing to help your children with their education and well-being at home and we will continue to support and encourage you, as much as we possibly can.

The teaching team have completed their family phone-calls and have enjoyed the opportunity to talk about the children, how they are getting on, how you are getting on and much more besides. Whilst we will continue to call at intervals, if ever any family would like to speak to their child (ren's) teacher, please let us know and the call can take place in a flash!

As I mentioned in last week's letter we are working hard to put in place new remote contact/learning/presentation systems using Microsoft Teams and Vimeo. Teachers are working on their contact methods, which will differ, and further information will be sent out to class groups over the next few days. We will keep you updated and informed with developments as they take place.

Website Update

The school website has undergone a little maintenance and you will see under the class home learning pages that the previous week's learning resources have been put into a separate section. They can still be accessed by clicking on the link. Year 3 & 4 have a new Story Time section, so please do have a look and Fallow class are soon to have the same. Revd. Sue is sending us weekly Collective Worship Vimeo's produced by the Open The Book team. I will also be posting my own weekly video, featuring a story or discussion about a current topic.



Please note the following new links and resources which can be found in the Whole School Learning Section of our website.

<https://www.empathylab.uk/newpage0198f816>

Picture News has its own video channel now which you can use to watch its virtual assemblies. Take a look on www.picture-news.co.uk/discuss

Newbury Baptist Church have released an online picture book which will help our younger children understand social distancing. It is beautifully illustrated too. www.newburybaptistchurch.org/Articles/575011/Albert_and_social.aspx

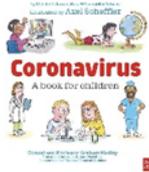
The latest and the last Wiltshire Local Authority Primary School newsletter is now available.

Wiltshire Local Authority have also released a useful set of advice for parents in preparation for the return to school.

The Natural History Trust has recommended the following two online books:

['The Book of Hopes'](#) compiled by Katherine Rundell. Completely free for all children and families, the extraordinary collection of short stories, poems, essays and pictures has contributions from more than 110 children's writers and illustrators, including Lauren Child, Anthony Horowitz, Greg James and Chris Smith, Michael Morpurgo, Liz Pichon, Axel Scheffler, Francesca Simon and Jacqueline Wilson.

"Coronavirus: A book for children" by Elizabeth Jenner, Kate Wilson, and Nia Roberts



Children will understandably have a lot of questions about the pandemic and "[Coronavirus: A book for children](#)" can help answer them. Illustrated by Axel Scheffler, the artist behind the popular series "The Gruffalo," the book breaks down many of the concepts in a way for young readers to understand them and is available as a free as a PDF.



Swindon Town Football club have very kindly shared some "lock down" resources which are posted on the Whole School Learning section of the website for all to enjoy.

Summer Holiday Reading Challenge - 2020

<https://summerreadingchallenge.org.uk/>

Despite libraries not being open at the moment, children can still enjoy the Summer Reading Challenge with support from Wiltshire Council – with this year's campaign having a very 'silly' theme.



The challenge, organised nationally by The Reading Agency, is being carried out digitally this year with children being encouraged to join the 'Silly Squad' - a colourful array of cartoon animals. An online platform has been created so families can sign-up safely, create a personal profile, set their own reading goals, view book recommendations and access guides to e-learning. There will also be a forum

to chat to friends, play games, download and print activities, as well as family activities with rewards and unlockable content to keep children and families engaged throughout the summer months. The platform is FREE for children and families to use.

Based on age, Mrs Pinnegar has organised three different categories of suggested books to read - some inspiration to get you started. The book lists are not exhaustive and you can read others. It would be super, if once you have read your book you post a review and a star rating (up to five stars) via TalktoMrsTurner and we can post your comments and ratings on the website. It's a great way to share feedback and will encourage others to read the books you have enjoyed. Look at the Latest News tab on the website for the book lists. They are also attached to this newsletter.

Happy Families, Happy Futures: Working together for stronger relationships. Wiltshire Council Service

As some children return to school, staff may be made aware of family tensions that have occurred due to COVID-19. Wiltshire Council have joined a pilot scheme led by Dorset Council, offering help for these families. A programme has been designed to improve communication and ease tension between parents or carers, supporting a happy environment for their children.

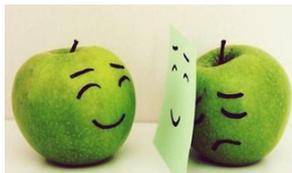
The questions that schools are being asked are:

- Do you have any parents/carers, still together or separated, who are struggling to agree on how to raise their children?
 - Do you have any parents/carers who are struggling either in their relationship or in their separation?
- Are you concerned about a family where there is poor communication?

The offer aims to reduce parental conflict and tension by delivering programmes suitable for a range of family circumstances. Programmes are available for parents (covers all people with caring responsibilities) in a relationship or separated and for separated parents who are expecting their first child together. Within Wiltshire the support will be provided by family support workers employed by Whitehead Ross Education and Consulting.

The referral process can be completed over the telephone with parents and the support will be delivered virtually. Please contact the school, in confidence for further information.

Mums and Dads - How are you feeling?



"There is no health without mental health." (World Health Organization, 2009)

Our emotional and physical health can be severely compromised during these unsettling times. **Self-care** is very important, as we are often the last person we think about and look after.

It's particularly important at this time to enable us to be as resilient as possible for ourselves, and also to manage and alleviate our children's worries, and to provide them with re-assurance.

Some hopefully helpful links are detailed below:

Mental Wellbeing audio guides- from NHS Every Mind Matters

Understanding anxiety - colourful guide from the Priory Group

A free app for sleep, anxiety and stress- from Insight Timer

e-learning: staying mentally well through Covid19 - from Pooky Knightsmith

Working from home wellbeing action plan - from the Charlie Waller Memorial Trust.

Domestic Abuse

Refuge has now launched a new short film starring awarding-winning actor Maxine Peake and Lex Shrapnel, to draw attention to the huge numbers of women reaching out to its services during lockdown, and to remind women living with domestic abuse that Refuge's life-saving specialist support services are here for them.

Surfaces sends a clear message of hope to survivors. Whether they have already fled their perpetrator, or are still living in constant fear, it tells them that there is a life after abuse, and that support is available – and that they are not alone. Refuges are still open and the National Domestic Abuse Helpline is still running twenty-four hours a day, seven days a week. The film ends with details of how to get in touch with Refuge and access its Helpline.

You can view the film on Refuge's website [here](#).

Refuge is calling on anyone worried about a loved one, or about isolating with a perpetrator, to call its National Domestic Abuse Helpline on 0808 2000 247 or contact the Helpline via Refuge's contact form at www.nationaldahelpline.org.uk.

In an emergency, always be ready to call 999.

The film is available to view on Refuge's website refuge.org.uk/surfaces and on its YouTube channel @RefugeCharity.

Transition

As we begin to look towards the end of the academic year, it is only natural for all parents who have children either joining the school in September or moving up a class, to want to know what plans we are making for transition. I would like to reassure you that transition is on our agenda and various scenarios are being discussed, taking into account the impact that COVID-19 is having. We are waiting for further information from GOV.UK and the Local Authority as to the next steps for wider reopening. We are almost in a position to confirm our new Reception intake (which is very exciting) and soon I will be able to share class structures for the academic year 2020 to 2021.

Back to school for some

A quick update on how we are getting on with our "back to school for some" arrangements. After a few days settling in, all the children are managing well with the new systems and procedures in place. The staff have worked incredibly hard to make sure the school environment is as welcoming and normal as possible, given the necessary social distancing and health and hygiene measures that have been put in place. We have adopted the SWAN approach to help promote positive reintegration which stands for:

S – Safe

W – Welcoming

A – All together

N – Nurturing

A full risk assessment for the first phase of wider reopening (Years R, 1, 6 and Key Worker) is available to see on our website under the Policies and Documents section.



This term's Christian value is:

Love