



**'We strive to improve heart and mind'**  
**Cor et Mentem Colere Nitimur**

At Chilton Foliat Primary School we honour our educational heritage, supported by a strong Christian ethos. We strive to provide a diverse education that inspires children to develop a thirst for knowledge. This is delivered in a safe, supportive and nurturing environment promoting self-discipline, motivation and excellence in learning. We encourage strong partnerships and positive relationships amongst pupils, parents, carers and the wider community.

## **Relationships and Sex Education Policy**

This policy was developed through a consultation process involving teachers, parents and the Governing Body of Chilton Foliat CE (VA) Primary School, to follow the national guidance and legal requirements as set down in the Learning and Skills Act 2000 and the DCFS SRE Guidance 2000.

### **Aims:**

- To adopt a whole school approach to sex and relationships education in the curriculum, which fulfils the entitlement of every child to learn in this area.
- To develop confidence in talking, listening and thinking about feelings and relationships.
- To develop their self-esteem and sense of responsibility.
- To promote the spiritual, moral, cultural, mental and physical development of each child.
- To prepare each child for the opportunities, responsibilities and experiences of adult life.
- To teach in a way that is sensitive to the cultural backgrounds of all pupils, about relationships, love and care and the responsibilities of parenthood, as well as about sex and sexuality
- To equip pupils with knowledge, understanding and skills to enable them to make choices leading to a healthy, safer lifestyle
- To provide appropriately for the distinctive needs of boys and girls in these aspects of their personal development
- To be able to name parts of the body and describe how their bodies work
- To inform pupils so that they can be prepared for puberty
- To ensure that all children can protect themselves and ask for help and support.
- To work in partnership with parents and carers through regular consultation, which will include offering them support when talking to their children about sex and relationships and how to link this with what is being taught in school.

We believe that through the school's Christian ethos, the following values will be demonstrated and encouraged:

- Respect for self and others
- Responsibility for their own actions and their family, friends, school and wider community.
- Caring and loving relationships
- Increasing confidence and self-esteem, helping the children to learn and practice decision-making skills especially those related to peer pressure.

**Teaching:**

The sex and relationship programme will provide information which is easy to understand and relevant and appropriate to the age and maturity of each child. It will include the development of communication and social skills and also encourage the exploration and clarification of values and attitudes. It is about the understanding of the importance of family life and stable and loving relationships, which promote respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

The teaching will be integrated within wider themes found in the PSHE and Citizenship curriculum, which is based on the Wiltshire Council 'Learning for Life' programme and will be taught through a spiral curriculum approach. This will be linked with the issues of peer pressure and other risk-taking behaviours such as drugs, smoking and alcohol as well as through science topics and other curricular links.

The class teacher will deliver the programme as part of the normal curriculums and it will be suitable to the age of the pupils. Lessons will contain active learning, honesty and a balanced handling of controversial issues. In Key Stage 2 this will explore both male, female and trans gender information and stereotypes, and same sex relationships will be explored through the key principle of loving and caring relationships in addition to puberty, sexual feelings, and changing body image. More information will be shared about conception, how babies develop and are born. Diseases will be discussed, and prevention explained. There will be times during the year, especially in upper Key Stage 2, where the girls and boys will be arranged separately to learn about gender specific issues. Support from outside may be sought from agencies such as the school nurse, and they will discuss whom they can talk to if they want help or advice and information about growing up and personal safety including online.

**Pupil care and protection:**

If there are specific issues that arise then the following may be appropriate to refer to:

- Child Protection Procedures
- Child withdrawal procedures
- Bullying procedures
- Complaints procedure,
- Procedures for addressing any members of the school community infected or affected by HIV,
- Procedures for advice, support and referral of young people to health services when necessary

**Parents/Carers:**

Parents and carers have the right to withdraw their child from all or part of the sex and relationship education provided in class, except for those parts included in the National Curriculum. Parents and carers will be informed when their child will be involved in sex education by a letter. Parents and carers also have the opportunity to watch the video in the privacy of their own home as well as talk to the class teacher concerning the content and detail of the sessions. Cultural diversity will be respected at all times.

**Confidentiality:**

We as educators need to allow pupils to share concerns with staff in confidence without fear of being judged or reprimanded. However, it is our professional duty to explain the meaning of confidentiality to the pupils and to avoid making an unconditional promise of confidentiality.

It is a requirement of staff to disclose information to the Child Protection Officer (the Head Teacher), or the Deputy Child Protection Officer in the Headteacher's absence, in order to access specialist help, in cases of serious threat to health and welfare of the young person or of others, or where child protection issues arise. It is also our duty to inform the pupil in advance of any such disclosure and if possible to allow them to be present and involved as well as to protect their anonymity where the disclosure implicates others.

**Staff training**

We recognise the need for staff to receive appropriate training to support their work in delivering the school programme of SRE and dealing appropriately with incidents as they arise. It is the responsibility of the school PSHE Leader to identify, and access on behalf of staff, training opportunities available through Wiltshire Health Promotion Services, Wiltshire LA Health Team or other local and national organisations.

**Monitoring and Evaluation**

This will follow the overall framework for the monitoring and evaluating of PSHE/SEAL and science, with a specific governor for Relationships and Sex Education appointed to oversee teaching in this area.

**This Policy will be reviewed annually.**